



Volunteer Services

Frequently Asked Questions

FOOD RESOURCES: If anyone needs to be connected with resources for food distribution, please direct them to our page, [Find Food | Inter-Faith Food Shuttle](#), which displays our neighbor pantry and mobile markets.

How do I get started volunteering?

All volunteers must register online. If you haven't done so already, please sign up for your volunteer account [HERE](#). For most opportunities, you can simply sign up for the next shift that works for you. Some opportunities require background checks and/or online training to start volunteering.

[Volunteer Handbook](#)

Do you allow court-ordered and lawyer-recommended volunteers?

Yes, we do! We accept volunteers 16 years and older serving court-ordered or lawyer-recommended community service. We **WILL NOT** accept volunteers who have been convicted of violent crimes, crimes of a sexual nature, or identity theft crimes. If you need CS hours to receive more details on how to sign up please click [HERE](#).

All volunteers must disclose the nature of their conviction/lawyer recommendation and complete a service packet, which includes community services rules and IFFS sexual harassment policy before volunteer registration – **NO EXCEPTIONS**.

How do I sign up as a team or group?

We love working with groups! Be sure to review the volunteer opportunity descriptions and

then take the next step by filling out this simple [FORM](#). We will follow up with you to arrange all the details.

What will I be doing at my volunteer shift?

Please read the role and shift descriptions carefully as our volunteer opportunities vary depending on the site where you're volunteering. Our outdoor activities generally involve medium to heavy labor. For our indoor volunteer opportunities, expect light to medium labor. Most of our volunteer opportunities require standing for a long period of time. Our front desk is a great place for low-impact volunteering where you can be seated throughout your volunteer shift.

What if I'm running late or need to cancel?

We ask that volunteers try their best to notify the volunteer services team ahead of time. Contact Volunteers@FoodShuttle.org or call 919.390.1968 to let us know if you're running late or need to cancel.

What is the minimum age for youth volunteers?

Inter-Faith Food Shuttle believes that involving youth is paramount to our vision of ending hunger in our community; however, we must provide a safe and productive work environment for our volunteers, staff, and community. Therefore, age-appropriate volunteer opportunities for minors (17 years of age and younger) are outlined below. Exceptions to the minimum age can be made for established volunteers at the discretion of the staff at the volunteer site and arranged in advance.

Volunteer Opportunity	Minimum Age	Adult Supervision Required	Adult-to-Youth Ratio
Grocery Bags for Seniors	8	under 18	1 to 4
BackPack Buddy Packing	13	under 16	1 to 4
All Learning Gardens	10	under 16	1 to 4
Warehouse Assistants	13	under 16	1 to 4
Food Service (Kitchen)	13	under 18	n/a
Food Shuttle Farm	13	under 16	1 to 4
Driver Assistants	16	under 18	n/a
Culinary Classroom Assistant	18	n/a	n/a

Where are you located?

Note that site locations for Community Health Education, Gardens for Everyone, Mobile Markets, and Special Events will be included in the description.

Raleigh Locations

- **Raleigh Warehouse**
1001 Blair Drive Suite 120
Raleigh, NC 27603
- **Camden St. Learning Garden**
811 E Davie Street
Raleigh, NC 27601
- **Food Shuttle Farm**
2300 Dover Farm Road
Raleigh, NC 27606

Durham Locations

- **Child Food Hub**
2436 S. Miami Blvd. #200-9
Durham, NC 27703
- **Geer St. Learning Garden**
110 E. Geer Street
Durham, NC 27701